

## Case Study 10



### COMMUNITY VIBRANCY RECOGNITION PROGRAMME 2017-2019

NEWKD in partnership with Kerry Group are delighted to announce Sliabh Luachra Boxing Club Castleisland as the tenth recipient of the Community Vibrancy Recognition Programme.

This is a three year initiative (2017-2019) aimed at recognising the diversity and vibrancy of community work throughout the region. Every year NEWKD works with over 500 community groups, businesses and initiatives under our 4 Strategic Pillars:

- **Social Supports**
- **Employment Services**
- **Enterprise and Rural Tourism**
- **Community, Environment and Rural Development**

The 'Community Vibrancy Recognition Programme' pays tribute to up to 10 recipients each year. Each project is selected for their uniqueness, vibrancy and responsiveness to addressing local need. Recipients are recognised locally through the NEWKD structures which operate in Tralee, Listowel, Castleisland and Dingle, and will promote best practices and innovative solutions in social, economic and environmental development, while giving recognition to community leadership and entrepreneurs.

*Previous recipients:*

1. Glanageenty Walkways
2. The Kerry Food Hub, Furies
3. Ballybunion Men's Shed
4. Dingle New Music Choir and Orchestra
5. Baile Bhuire Day Care Centre
6. Ballybunion Senior Citizens Meals on Wheels
7. Mol Teic - Dingle Creativity and Innovation Hub
8. NEWKD's Local Area Advisory Councils (LAACs)
9. Castleisland Community Garden

For further information [www.newkd.ie](http://www.newkd.ie)



RECOGNITION PROGRAMME



### Sliabh Luachra Boxing Club Castleisland

In 2006, NEWKD met with local members of An Garda Síochána and the community to explore the level of interest and discuss the establishment of a boxing club in Castleisland.

With over 25 people attending on the night a committee was formed and within 6 weeks, a location was secured and a registration night held. On the night an amazing 56 young people registered and the Sliabh Luachra Boxing Club Castleisland was established on the 4th December 2006.

Equipment was received from a previous club in the town, but in 2011 with funding made available through the Department of Sports, and administered through the IABA the club received funding to purchase the only competition-size boxing ring in the County.

Through NEWKD and the Local Sports Partnership the club has also benefited from funding to purchase boxing bags, gloves, weights, etc. NEWKD's key involvement in the club was to promote integrated projects and activities that were inclusive and which engaged in an approach of intervention for young people.

The Club has developed as a community-based boxing club to support the participation of young people through competitive and non-competitive boxing opportunities. The club prides itself on being a model of good practice within the boxing and sporting sector. It is managed and operated by a team of volunteers, who dedicate their energy and time to the club for their love of the sport and value they place in having all ages involved in healthy activities.





# Case Study 10

## Sliabh Luachra Boxing Club CASTLEISLAND

### Key Benefits include:

- Promote self-confidence and self esteem of members
- Provide opportunities for young people in their own community
- Provide activities for young people in their own community
- Support integration of young people who have previously been excluded from activities
- Support parental involvement and the development of the family unit
- Promotion of volunteerism and communities activities for parents
- Promotion of a mentoring system between older and younger members, thus promoting young people as leaders.

Since 2006 the club has operated from four different bases, each move made from a need to extend the clubs activities: the club quickly outgrew its initially base in the Ivy Leaf Theatre and moved to the Castleisland Community Centre in 2007. A third move to a shared space in the Cragreen Building provided the club with a base to erect their newly-funded boxing ring. Their final move in January '18 was to Castlevue, Cordal Road where they are the sole tenants and have 7 day a week opportunities to extend the club but also generate an income from the space which will be reinvested in the club.

### Activities

Boxercise Classes for 6-10 years (non-contact boxing training):  
Every Monday 5.00pm - 6.00pm

Ladies Boxing Class 17 years+: Every Tuesday 7.00pm - 8.00pm

Boxing Class 10-17 years: Every Mon. & Weds. 7.00pm - 8.30pm

Adult Mixed Boxing Class: Every Mon. & Weds. 8.30pm - 10.30pm

Elite Boxing Class (Competitive): Every Friday 7.00pm - 8.30pm

### Contact Information:

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FB/Sliabhluchraboxingclub

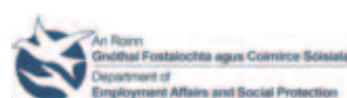


### GOOD PRACTICE & LEARNING:

- Club should have a core group of committed trainers
- Shared vision and goals
- Club should encourage both competitive and non-competitive participation
- Activities to suit different levels of skills and ages
- Introduction of boxercise classes to work with 6+ year olds promotes early engagement with a child and their family.

### SUPPORT FROM NEWKD

- SICAP: Social Inclusion Community Activation Programme, for club setting up and skills development support, capacity building and accessing funding.
- Tús Community Work Placement Programme, through work placement supports.



RECOGNITION PROGRAMME



NEWKD and Kerry Group wish to acknowledge and thank all those who have contributed to

### SLIABH LUACHRA BOXING CLUB CASTLEISLAND

Presented in recognition of the valuable contribution the club makes to the:

- Community Vibrancy of the Sliabh Luachra Region;
- Social Supports in the provision of sports activities in competitive and non-competitive boxing, promotion of female participation in boxing and integration within the club;
- Community, Environment and Rural Development Leadership.

October 2018